

# Living in an Environmentally Traumatized World: Healing Ourselves and Our Planet (Practical and Applied Psychology)



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This book follows environmental changes—including those caused by human actions, as well as those resulting from natural circumstances—and provides a process to manage their impact on the future.

- Contributors from across disciplines, including geology, biology, hydrology and climatology
- A list of reasons why environmental change is inevitable
- An exploration of psychological disorders and physical illnesses triggered by disasters

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