



Heading Home With Your Newborn: From Birth to Reality

Jennifer Shu Laura Jana

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The new edition of this bestselling guide to newborn care has been fully revised and updated. Written by two pediatricians and focusing on the first few months of an infant's life, *Heading Home With Your Newborn*, 3rd Edition, includes new information on breastfeeding and the involvement of allergies, formula options, vitamins and supplements (vitamins, iron, fluoride, probiotics), sleep, extended stay in strapped-in positions(car seats, bouncy chairs), swaddling, diaper options, the impact of social media sharing, and capturing moments/sharing memories.

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