



Hands of Light: A Guide to Healing Through the Human Energy Field

Barbara Brennan

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Hands of Light: A Guide to Healing Through the Human Energy Field Barbara Brennan

With the clarity of a physicist and the compassion of a gifted healer with fifteen years of professional experience observing 5,000 clients and students, Barbara Ann Brennan presents the first in-depth study of the human energy field for people who seek happiness, health and their full potential.

Our physical bodies exist within a larger "body," a human energy field or aura, which is the vehicle through which we create our experience of reality, including health and illness. It is through this energy field that we have the power to heal ourselves.

This energy body -- only recently verified by scientists, but long known to healers and mystics -- is the starting point of all illness. Here, our most powerful and profound human interactions take place, the precursor and healer of all physiological and emotional disturbances.

Hands of Light is your guide to a new wholeness. It offers:

- A new paradigm for the human, in health, relationship, and disease
- An understanding of how the human energy field looks, functions, is disturbed, healed, and interacts with friends and lovers.
- Training in the ability to see and interpret auras
- Medically verified case studies of healing people from all walks of life with a variety of illnesses.
- Guidelines for healing the self and others.
- The author's personal and intriguing life adventure which gives us a model for growth, courage and possibilities for expanded consciousness

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Hands of Light: A Guide to Healing Through the Human Energy Field can be one of your beginning books that are good idea. We all recommend that straight away because this publication has good vocabulary that could increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The article author giving his/her effort to put every word into pleasure arrangement in writing Hands of Light: A Guide to Healing Through the Human Energy Field although doesn't forget the main position, giving the reader the hottest along with based confirm resource information that maybe you can be one of it. This great information could drawn you into new stage of crucial pondering.

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