



NAECB Exam Secrets Study Guide: NAECB Test Review for the National Asthma Educator Certification Board Examination

NAECB Exam Secrets Test Prep Team

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Get the test prep help you need to become a certified asthma educator.

The NAECB Exam is extremely challenging and thorough test preparation is essential for success. *NAECB Exam Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the NAECB exam.

NAECB Exam Secrets Study Guide includes:

- A thorough review for the National Asthma Educator Certification Board Examination
- A breakdown of the asthma condition
- An examination of patient and family assessment
- An analysis of asthma management
- A guide to organizational issues

It's filled with the critical information you'll need in order to do well on the test: the concepts, procedures, principles, and vocabulary that the National Asthma Educator Certification Board (NAECB) expects you to have mastered before sitting for the exam.

The Asthma Condition section covers:

- Respiratory system
- Regulation of respiration
- Risk factors
- Allergy, allergen, irritant, and antigen
- Microbes associated with rhinosinusitis
- Normal and asthmatic airways
- Role of smooth muscle and epithelial cells in asthma pathology
- Asthma exacerbation
- Severity and its control affect lung function measurements
- Triggers

The Patient and Family Assessment section covers:

- Vital signs and asthma assessment
- Quality of life assessments
- Difficulties encountered in diagnosing childhood asthma
- Patient and family coping strategies for chronic illnesses
- Signs and symptoms of asthma that require medical care
- Assessment

The Asthma Management section covers:

- Essential information that every asthmatic must know and understand
- Obstacles that must be overcome for patient education to be successful
- Distributed information materials must be regularly amended and reviewed
- Issues that must be addressed during an initial assessment following a new diagnosis
- Tailoring an asthma action plan
- Creation of an individualized self-management education plan
- Coaching the patient
- Strategies
- Assessing compliance

The Organizational Issues section covers:

- Strategies used to manage the financial burdens of asthma care
- Identification of outcome indicators
- Evidence-based solutions
- Maintaining a program database
- Assessment of procedure and task implementation
- Measures for healthcare utilization
- Providing educational and technical assistance to work sites, third-party payers, and faith-based groups
- Collaboration with and coordination of care with other providers and between systems

These sections are full of specific and detailed information that will be key to passing the NAECB Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

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Jamie Arellano:

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Ruby Sprankle:

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Loretta Faria:

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Henry Jones:

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