



# Hell of a Journey: On Foot Through the Scottish Highlands in Winter

*Mike Cawthorne*

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## **Hell of a Journey: On Foot Through the Scottish Highlands in Winter** Mike Cawthorne

'Hell of a Journey' describes what is arguably the last great journey to be undertaken in Britain: the entire Scottish Highlands on foot in one winter. On one level it is a vivid and evocative account of a remarkable trek - never attempted before - on another it celebrates the uniqueness of the Highlands, the scenery and ecology of 'the last wilderness in Europe'. The challenge Mike Cawthorne set himself was to climb all 135 of Scotland's 1,000-metre peaks, which stretch in an unbroken chain through the heart of the Highlands, from Sutherland to the Eastern Cairngorms, down to Loch Lomond, and west to Glencoe. His route traversed the most spectacular landscape in Scotland, linking every portion of wilderness, and was completed in the midst of the harshest winter conditions imaginable. Acclaimed on its first publication in 2000, this edition contains an epilogue in which Mike Cawthorne reflects on his trek and wonders what has changed since he carried it out. He warns that 'wild land in Scotland has never been under greater threat'. Hell of a Journey is a reminder of what we could so easily lose forever.

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