



The Emergency Survival Manual: 294 Life-Saving Skills

Joseph Pred

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Assess. Respond. Protect. From break-ins to basement flooding to broken bones, in the Emergency Survival Manual you'll find everything you need to be prepared for any emergency that comes your way.

Who's better suited to write a book about handling emergencies than an Emergency and Risk Management Consultant and the CEO of Mutual Aid Response Services (MARS). Joseph Pred is the go-to-guy for assessing and handling emergencies. When you combine his knowledge with that of the experts at Outdoor Life magazine what do you get? An epic book filled with lifesaving skills. This book also covers what to do before the first responders arrive...or if they never do.

Basic Tools & Skills: Everything you need to know to assess and start handling an emergency. From stocking a first aid kit and treating burns, cuts and broken bones, to protecting yourself when using pepper spray and performing CPR.

Home and Family Safety: Protect your house and keep you and your family safe. Learn how to deal with a lost child, handle house fires, public transit scares, car accidents, and help a sick or hurt pet.

Community Safety: All the ways to help your neighbors and keep your community safe. From what to do if you see a house being broken into and dealing with school tragedies, to coping with a major natural disaster and handling a toxic spill – and everything in between.

When disaster strikes you want to be ready, and you can be with the Emergency Survival Manual. With high-quality design, intricate detail, and a durable flexicover—this manual is the perfect gift!



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