



Nutrition and Diabetes: Pathophysiology and Management

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Diabetes occurs at such an alarming rate that it is believed to be nearing epidemic proportions worldwide. Nutrition and Diabetes: Pathophysiology and Management is a comprehensive resource that examines the metabolic aberrations found in obesity that eventually lead to the development of diabetes. By focusing on the role diet has in the cause and management of obesity and diabetes, it provides a scientific basis for the different approaches used in their treatment.

The text is divided into three sections for easy reference. Section I, Pathophysiology and Treatment of Obesity, includes chapters on the neuroendocrine regulation of food intake, achieving healthy body weight through diet and exercise, and surgical and nonsurgical weight loss techniques. Section II, Pathophysiology and Treatment of Diabetes, presents discussions on Type 2 diabetes in childhood, the management of Type 2 diabetes in underrepresented minorities in the U.S. and in developing countries, and the issue of diabetes in pregnancy. Section III, The Role of Oxidative Stress in the Pathogenesis and Treatment of Diabetes and Its Complications, outlines oxidative stress in relation to Type 1 diabetes, glycemic control in Type 2 diabetes, and the vascular complications of diabetes mellitus.

The text presents these topics in a comprehensive yet accessible manner, making Nutrition and Diabetes: Pathophysiology and Management an important resource for those interested in acquiring the latest information on nutrition's essential role in the cause and management of diabetes.

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