



La Cuna vacia - el doloroso proceso de perder un embarazo (Psicologia Y Salud (esfera)) (Spanish Edition)

M. Àngels Claramunt

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La cuna vacía es un libro que nace de una necesidad. La necesidad de hablar, sin temor ni falsos mitos, acerca de una realidad que viven muchas parejas y para la que nadie está nunca preparado: la pérdida de un bebé en algún momento del embarazo, los hijos que nunca llegan a nacer.

Cuando esta dura experiencia tiene lugar, es preciso abordarla desde diferentes perspectivas, que en estas páginas se desarrollan con la intención de aportar luz sobre un tema casi siempre relegado a la sombra: la correcta información, el buen acompañamiento y el apoyo del entorno, la intervención psicológica, la despedida y los rituales de la pérdida, los estudios médicos posteriores... Aspectos que no deben ser tratados como tabúes, porque en tal caso sólo contribuyen a añadir un dolor innecesario a un dolor de por sí inevitable.

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