



Bullying and the Brain: Using Cognitive and Emotional Intelligence to Help Kids Cope

Gary R. Plaford

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Numerous books have been written about bullying, but most of them only deal with external interventions_those that suggest teaching students more appropriate social skills. Here, Gary Plaford examines internal interventions; external interventions; monitoring and controlling bullying behaviors; issues related to students-the bullies, victims, and bystanders; the latest research on the brain and emotional intelligence; managing emotional triggers; building connections; and creating an outward focus. Bullying and the Brain also includes a study guide to help teachers and administrators plan the necessary steps to address bullying problems at school and worksheets to assist in interventions. This book will be of interest to parents and educators of students from elementary to high school.

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From reader reviews:

Lamont Williams:

Playing with family in the park, coming to see the coastal world or hanging out with friends is thing that usually you might have done when you have spare time, then why you don't try thing that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Bullying and the Brain: Using Cognitive and Emotional Intelligence to Help Kids Cope, you can enjoy both. It is very good combination right, you still would like to miss it? What kind of hang-out type is it? Oh occur its mind hangout folks. What? Still don't understand it, oh come on its identified as reading friends.

Oliver Crites:

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