



Frei von Eifersucht: Ein wingwave-Buch (German Edition)

Cora Besser-Siegmund

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„Psychopower durch wingwave-Coaching

wing steht für Emotionscoaching und wave für erfolgreiches

Gedankenmanagement“

Wer kennt es nicht, das quälende Gefühl der Eifersucht? Auf Grundlage der wingwave-Methode werden Tipps, Tricks und Übungen – inklusive einem speziellen »Soundcoaching« – vorgestellt, mit deren Hilfe dieser Band Auswege aus der »Gefühlsfalle« zeigt. Lernen Sie, sich nicht länger von der alles zerfressenden Eifersucht beherrschen zu lassen, sondern stattdessen Ihre Energien auf neue, positive Ziele zu konzentrieren.

„Ein Buch für alle, die ihre Eifersucht besiegen wollen!“

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