



## Emotion, Social Relationships, and Health (Series in Affective Science)

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# Emotion, Social Relationships, and Health (Series in Affective Science)

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A growing body of literature on humans and animals documents the link between social integration and affiliative relationships and a variety of health and disease outcomes, including mortality. The actual mechanisms through which these efforts occur are, however, not well understood. Emotion probably plays a central role in mediating connections between relational experiences, underlying neurobiological processes, and health outcomes. Many prior studies have focused on the size and proximity of social networks, thereby neglecting their emotional features. When studied, emotion in social relationships has also been heavily weighted on the side of negative and conflictual interactions, thus giving minimal attention to the possible protective benefits of enduring love, nurture, and affection. This volume brings together these differing lines of inquiry to advance understanding of how emotion in significant social relationships influences health.

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