



# Grow Your Own Food

*Richard Gianfrancesco*

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## **Grow Your Own Food** Richard Gianfrancesco

Whether you have a small patio garden or a larger plot, *Grow Your Own Food* will help you to get the most out of the space available. It explains techniques on maximizing the use of space as well as making the best use of the time you have to spend in your garden. This comprehensive guide to home-grown food includes fruits picked from the tree, bush and cane, annual and perennial salads, vegetables, herbs, nuts and even edible flowers, with recommended plant lists to suit your own growing conditions. Clear step-by-step diagrams and checklists guide you every step of the way, from choosing suitable plants, through watering, fertilizers and bug control, to harvesting and longer term plant care - all year round. New or interesting techniques for getting even more out of the space, or ways to prolong the harvest are detailed as well as a variety of ways to use the crop in the kitchen. Finally, a year is covered in detail for each crop, explaining when to sow, harvest, store and eat.

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