



A Little of This, A Little of That: Health, Heart and Humor in an Italian-American Kitchen

Maria Dorfner

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Maria Dorfner shares 12 easy, authentic Italian recipes handed down from her grandmother and mother. Each recipe is shared with health benefits and humor, so anyone who wants to cook Italian meals for their family and friends will enjoy this cookbook. She comes from a large, close-knit Italian family. Cooking and food played a large role in their get-togethers. Her mother has eight siblings. Her father has six siblings. She has twenty-six cousins. They have enjoyed these recipes since they were kids. Maria wanted to save them in one place for future generations. The cover photo features her father's home in Italy.

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A lot of people always spent their free time to vacation as well as go to the outside with them family or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity that is look different you can read some sort of book. It is really fun for you personally. If you enjoy the book you read you can spent the entire day to reading a e-book. The book A Little of This, A Little of That: Health, Heart and Humor in an Italian-American Kitchen it is quite good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the e-book. You can m0ore quickly to read this book out of your smart phone. The price is not very costly but this book has high quality.

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