



The Truth About Smoking (Truth about (Facts on File))

Heath Dingwell, William McCay

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A clear guide for teens on the facts and myths about smoking, The Truth About Smoking, Second Edition provides clear, balanced information on the long-term and short-term effects of this dangerous habit.

Examining the social and personal issues that teenagers face such as peer pressure this guide offers sound advice without talking down to its audience. New and revised entries include: -Addiction to nicotine - Additives in cigarettes -Cancer and smoking -Cigarette additives -Cosmetic effects of smoking -Costs of smoking -Health insurance and smoking -Media and smoking -Peer pressure and smoking -Therapies for quitting -Tobacco as a gateway product -Tobacco products -Tobacco use and socioeconomic groups -The Truth campaign.

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