



# **Super Awesome Sugar Free Diabetic Muffin Recipes: Low Sugar Versions of Your Favorite Muffins (Diabetic Recipes) (Volume 3)**

*Laura Sommers*

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Muffins are great for breakfast or a snack. But if you are diabetic or trying to lose weight they are a temptation. Look no further. I have compiled a list of sugar-free low carb or no carb muffin recipes for the diabetic or sugar conscious weight watcher. I hope that you enjoy!

Recipes Include:

Low Carb Banana Muffins  
Sugar Free Jalapeno and Cheddar Muffins  
Low Carb Pumpkin Muffins  
Sugar Free Poppy Seed Muffins  
No Sugar Strawberry Lemon Muffins  
Low Carb Apple Cinnamon Muffins  
Sugar Free Blueberry Muffins  
No Sugar Sweet Potato Muffins  
Low Carb Chocolate Chip and Fig Muffins  
Sugar Free English Muffins  
Low Sugar Chocolate Chocolate Chip Muffins  
Low Carb Bacon Egg and Cheese Muffins  
Sugar Free Zucchini and Cheese Muffins  
No Sugar Spinach Egg Muffins  
Low Carb Cornbread Muffins  
Sugar Free Flax Muffins  
Low Carb Cranberry Muffins  
Sugar Free Gingerbread Cream Cheese Muffins  
Low Carb Vanilla Pear Muffins  
Low Carb Carrot Muffins  
Sugar Free Spinach Muffins  
Sugar Free Blackberry Muffins  
Carb Counter Coconut Muffins

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