



The Secrets of Happily Married Women: How to Get More Out of Your Relationship by Doing Less

Scott Haltzman, Theresa Foy DiGeronimo

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From the authors of the best-selling *The Secrets of Happily Married Men* comes the much-anticipated follow-up book *The Secrets of Happily Married Women*. In their first book, Dr. Haltzman and his coauthor Theresa Foy DiGeronimo outlined a recipe for men about growing a happy marriage: treat marriage with the same sense of purpose, resolve, and single-minded devotion that they have for their job. Although that workplace formula works well for men, an entirely different set of criteria resonate with women.

In *The Secrets of Happily Married Women*, Dr. Haltzman tells us stories from real women who are happy in their relationships. These women know how to get more out of their partners by doing less, by not trying so hard to make men perfect, not dragging them to couples therapy, not expecting them to think or behave like a woman. These are women from Dr. Haltzman's clinical practice and culled from thousands of contributors to his Web site www.HappilyMarriedWomen.com. They have learned to understand how men really work and tap into men's powerful hard-wired desire to please women and "be a better man."

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Nona Whitehouse:

Spent a free time for you to be fun activity to try and do! A lot of people spent their free time with their family, or their particular friends. Usually they accomplishing activity like watching television, likely to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your current free time/ holiday? Could be reading a book can be option to fill your free time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to attempt look for book, may be the book untitled The Secrets of Happily Married Women: How to Get More Out of Your Relationship by Doing Less can be excellent book to read. May be it might be best activity to you.

Lisa Knight:

Playing with family in a park, coming to see the sea world or hanging out with friends is thing that usually you could have done when you have spare time, subsequently why you don't try thing that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love The Secrets of Happily Married Women: How to Get More Out of Your Relationship by Doing Less, it is possible to enjoy both. It is good combination right, you still would like to miss it? What kind of hangout type is it? Oh can occur its mind hangout guys. What? Still don't have it, oh come on its named reading friends.

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