



Mama's Big Book of Little Lifesavers: 398 Ways to Save Your Time, Money, and Sanity

Kerry Colburn

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To survive the tumultuous first years with kids, smart parents learn to do things faster, cheaper, and easier. Wouldn't it be great if their hard-won shortcuts were collected into one handy reference? Here's a book that does just that. Featuring 400 of the best tips and tricks from veteran moms and dads, *Mama's Big Book of Little Lifesavers* gets straight to the point with modern solutions to age-old parenting dilemmas such as getting baby to sleep, potty training, saving cash on baby gear, streamlining bedtime, and much more. Easy to dip in and out of, this book helps parents get through each day with a few spare minutes, a few extra dollars, and their sanity intact!

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