



Just for One or Two: 80 Delicious Recipes You'll Cook Again and Again

Sara Lewis, Kate Moseley, Lucy Knox

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Do you want to cook delicious meals for one or two people? With 80 triple-tested recipes, inspirational photographs, handy QR code shopping lists and easy-to-follow instructions cooking for one or two can be a real pleasure. And with recipes written specifically for one or two people, there's no need to worry about wasted ingredients and conundrums, such as how to halve an egg! There's something to tempt everyone in three chapters: EVERDAY EATING with its fabulous everyday meals, which are simple enough to make any time. EAT & FREEZE where each recipe provides several portions - eat one or two portions and freeze the rest. EAT OUT, IN which shows you how to create restaurant-quality food at home with a few ingredients and little effort. Why not whip up a fabulous Prawn Cocktail Pasta in less than 15 minutes, put your feet up while Lemon & Thyme Poussin roasts beautifully in the oven, or indulge in succulent Roasted Strawberries with Lemon Ripple. Just for One or Two is a brand new cookbook from the makers of the Dairy Diary, which provides straightforward recipes for gorgeous meals, desserts and bakes written specifically for one or two people. Each carefully crafted recipe shown in full colour uses readily available ingredients, requires little effort and tastes amazing.

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