



# Trauma and Attachment (The John Bowlby Memorial Conference Monograph Series)

*Sarah Benamer, Kate White*

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'This monograph contains a rich variety of material that is not usually included in traditional writings on trauma. In addition to the theoretical and clinical perspectives, poetry and storytelling join in to weave a vivid tapestry of multifaceted approaches to trauma. Whilst remaining true to its theoretical base (which, of course, is Bowlby's attachment theory), the monograph succeeds in locating its subject matter in wider perspectives, thus enabling the reader to appreciate the complexity of contributing factors. It is not easy to compile a single publication out of a conference; yet, this monograph achieves its objective by offering a coherent treatment of trauma that also includes some up-to-date approaches and innovations. The papers are written with authority, clarity and sensitivity and will provide the reader with a most beneficial elaboration of trauma from an attachment theory perspective.'- Renos K. Papadopoulos

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