



The Happiness Equation: Want Nothing + Do Anything = Have Everything

Neil Pasricha

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What's the formula for a happy life?

Neil Pasricha is a Harvard MBA, a Walmart executive, a *New York Times* best-selling author, and a husband and dad. After selling more than a million copies of his Book of Awesome series, he now shifts his focus from observation to application.

In *The Happiness Equation*, Pasricha illustrates how to want nothing, do anything, and have everything. If that sounds like a contradiction, you simply haven't unlocked the Nine Secrets to Happiness.

Each secret takes a common ideal, flips it on its head, and casts it in a completely new light. Pasricha then goes a step further by providing step-by-step guidelines that illustrate exactly how to apply each secret to live a happier life today.

Controversial? Maybe. Counterintuitive? Definitely.

The Happiness Equation will teach you such principles as:

- Why success doesn't lead to happiness
- How to make more money than a Harvard MBA
- Why multitasking is a myth
- How eliminating options leads to more choice

The Happiness Equation is a book that will change how you think about everything - your time, your career, your relationships, your family, and, ultimately, of course, your happiness.

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Corene Albert:

This The Happiness Equation: Want Nothing + Do Anything = Have Everything book is just not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is information inside this reserve incredible fresh, you will get information which is getting deeper you read a lot of information you will get. This The Happiness Equation: Want Nothing + Do Anything = Have Everything without we recognize teach the one who reading it become critical in considering and analyzing. Don't become worry The Happiness Equation: Want Nothing + Do Anything = Have Everything can bring when you are and not make your handbag space or bookshelves' become full because you can have it inside your lovely laptop even telephone. This The Happiness Equation: Want Nothing + Do Anything = Have Everything having excellent arrangement in word along with layout, so you will not really feel uninterested in reading.

Douglas Quintanar:

Many people spending their time by playing outside having friends, fun activity with family or just watching TV all day every day. You can have new activity to shell out your whole day by reading through a book. Ugh, ya think reading a book can really hard because you have to use the book everywhere? It alright you can have the e-book, bringing everywhere you want in your Mobile phone. Like The Happiness Equation: Want Nothing + Do Anything = Have Everything which is getting the e-book version. So , why not try out this book? Let's observe.

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Is it you actually who having spare time and then spend it whole day by simply watching television programs or just lying down on the bed? Do you need something totally new? This The Happiness Equation: Want Nothing + Do Anything = Have Everything can be the reply, oh how comes? A fresh book you know. You are and so out of date, spending your free time by reading in this brand new era is common not a geek activity. So what these guides have than the others?

Dora Mohammed:

Some individuals said that they feel uninterested when they reading a book. They are directly felt this when they get a half regions of the book. You can choose the particular book The Happiness Equation: Want Nothing + Do Anything = Have Everything to make your personal reading is interesting. Your current skill of reading talent is developing when you like reading. Try to choose basic book to make you enjoy to read it and mingle the impression about book and examining especially. It is to be 1st opinion for you to like to open a book and learn it. Beside that the e-book The Happiness Equation: Want Nothing + Do Anything = Have Everything can to be a newly purchased friend when you're feel alone and confuse using what must you're doing of these time.

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