



Choosing Hope: A Mother's Story of Love, Loss, and Survival

Ginny Dennehy

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A chronicle of family love, unspeakable loss, and the power of healing

Ginny Dennehy was living the dream: a good marriage, two wonderful teenagers, a fulfilling career. Life in Whistler, B.C., seemed tailor-made for her outgoing, athletic family of four. But in 2001, the world turned upside down when her son, Kelty, committed suicide at the age of seventeen, hanging himself in the loft of their family home.

Lost in a fog of grief, Ginny found the strength to go on. She poured her energy into the Kelty Patrick Dennehy Foundation, raising both funds and awareness to fight depression-related suicide by young people. And then, just eight years after losing Kelty, another unfathomable tragedy: her daughter Riley died of a heart attack in Thailand. She was just twenty-three.

Candid and deeply moving, Ginny's powerful story will serve as an inspiration for others struggling with the weight of grief.

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A lot of people always spent their free time to vacation as well as go to the outside with them friends and family or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or perhaps playing video games all day long. If you want to try to find a new activity that is look different you can read a new book. It is really fun for you. If you enjoy the book that you simply read you can spent all day long to reading a reserve. The book Choosing Hope: A Mother's Story of Love, Loss, and Survival it is extremely good to read. There are a lot of individuals who recommended this book. We were holding enjoying reading this book. If you did not have enough space bringing this book you can buy often the e-book. You can m0ore simply to read this book from a smart phone. The price is not to fund but this book provides high quality.

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