



Outpatient Psychiatry: A Beginner's Guide (Norton Professional Books (Paperback))

Thomas E. Steele

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An introduction for residents and new psychiatrists who work with patients.

This brief primer provides knowledge that will reduce therapists' initial anxiety and heighten their competence in working with outpatients; it covers psychotherapeutic techniques, uses of psychotropic medication, and pertinent issues from the expanding field of therapy research, and includes advice about what to do and what not to do.

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