



Bumpology: The Myth-Busting Pregnancy Book for Curious Parents-To-Be

Linda Geddes

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From award-winning science journalist Linda Geddes, a fascinating and practical companion for expectant parents that makes sense of conflicting advice about pregnancy, birth, and raising babies.

Can I eat peanuts during pregnancy?

Do unborn babies dream?

Can men get pregnancy symptoms too?

How much do babies remember?

How can I get my baby to sleep through the night?

The moment she discovers she's pregnant, every woman suddenly has a million questions about the life that's developing inside her. Linda Geddes was no different, except that as a journalist writing for *New Scientist* magazine she had access to the most up-to-date scientific research. What began as a personal quest to find the truth behind headlines and information that didn't patronize or confuse is now a brilliant new book. In *Bumpology*, Geddes discusses the latest research on every topic that expectant parents encounter, from first pregnancy symptoms to pregnancy diet, the right birth plan, and a baby's first year.

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