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Anger-Related Disorders: A Practitioner's Guide to Comparative Treatments (Springer Series on Comparative Treatments for Psychological)

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In this ground-breaking exploration, a glittering array of specialists investigate how and why anger is viewed as a secondary emotion by most clinical theories and practitioners and seeks to answer the following questions:

- What are anger-related disorders?
- What do they have in common and how are they different?
- How do we treat the various anger-related disorders?

Drawing on one case study, the top-notch contributors each present a different method of treatment for anger-related disorders. By taking into consideration the variety of perspectives and treatments available for anger-related disorders, this book provides an overview of how clinicians can implement each of these treatments as well as combine treatments to provide a tailored therapy for each individual client.

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- 1. Anger Related Disorders: Basic Issues, Models and Diagnostic Considerations, *Howard Kassinove and Raymond Chip Tafrate*
- 2. The Case of Anthony, Eva L. Feindler
- 3. Evidence for Effective Treatment of Anger-Related Disorders, Jerry L. Deffenbacher
- 4. Cultural and Gender Considerations in the Assessment and Treatment of Anger-Related Disorders, *Sandra P. Thomas*
- 5. Psychoanalytic Treatment of Anger and Aggression, Danielle Knafo and Seymour Moscovitz
- 6. Anger Management for Adults: A Menu-Driven Cognitive-Behavioral Approach to the Treatment of Anger Disorders, *Raymond Chip Tafrate and Howard Kassinove*
- 7. Dialectical Behavior Therapy for Anger-Related Disorders, Jill H. Rathus
- 8. Couples and Family Treatment of Anger Difficulties, Eli Karam and Jay Lebow
- 9. Psychopharmacological Considerations in Anger Management, Henry Edwards
- 10. Emotion-Focused Therapy for Anger, Josée L. Jarry and Sandra C. Paivio
- 11. Treating Anger with Wisdom and Compassion: A Buddhist Approach, C. Peter Bankart
- 12. An Adlerian Approach to the Treatment of Anger Disorders, *Daniel Ecksein, Al Milliren, Paul R. Rasmussen, and Robert Willhite*
- 13. Assimilative Psychodynamic Psychotherapy: An Integrative Approach to Anger Disorders, Jerold Gold
- 14. Multiple Perspectives on the Conceptualization and Treatment of Anger-Related Disorders, *Eva L. Feindler and Alison Byers*

Appendix A: Comparative Treatments of Anger-Related Disorders References Index **Download** Anger-Related Disorders: A Practitioner's Guide to ...pdf

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Anger-Related Disorders: A Practitioner's Guide to Comparative Treatments (Springer Series on Comparative Treatments for Psychological) can be one of your starter books that are good idea. Most of us recommend that straight away because this e-book has good vocabulary that may increase your knowledge in vocab, easy to understand, bit entertaining but still delivering the information. The copy writer giving his/her effort to put every word into pleasure arrangement in writing Anger-Related Disorders: A Practitioner's Guide to Comparative Treatments (Springer Series on Comparative Treatments for Psychological) nevertheless doesn't forget the main place, giving the reader the hottest and based confirm resource details that maybe you can be considered one of it. This great information could drawn you into completely new stage of crucial pondering.

Stanley Roman:

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